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A variety of concrete projects!

Mouvement Ecologique provides sound expert advice. At the same time, it implements numerous stimulating and inspiring initiatives and projects.

The focus is on experience, participation and practical advice.

VEGGIETABLE – DISCOVER NEW RECIPES EVERY WEEK

For many years, the Mouvement Ecologique has been committed to promoting healthy eating, with a particular focus on vegetarian and vegan diets, as well as organic produce. An eco-friendly lifestyle is thus combined with culinary enjoyment.

Lydie Philipp's veggietable.lu platform, where recipes are regularly published, remains a central feature. As the author of the 'Natierlech genéissen' cookbooks published by the Mouvement Écologique, she uses her creativity and experience to inspire people to cook with seasonal and regional organic produce. Every week, visitors to the website can discover a new recipe, inviting them to explore and try out for themselves the diversity of vegetarian and vegan cuisine.



OEKOTOPTEN – PRACTICAL TIPS!

The Oekotopten.lu project, run by the Oekozenner Pafendall in collaboration with the Mouvement Écologique and with the support of the Ministry of the Environment, offers consumers very practical advice. The project is based on an independent online guide that lists the most energy-efficient and environmentally friendly products. Increasingly, interested users will also find practical guides on Oekotopten for everyday life, for example on the reparability of appliances, etc. It also provides practical advice on when a repair is worth it, as well as lists of the most easily repairable smartphones on the Luxembourg market.

Furthermore, Oekotopten.lu provides information on local authorities offering grants for the purchase of energy-efficient household appliances, electric bikes etc. The website, redesigned in 2024 and optimised for smartphone use, continued to be maintained and its content updated on an ongoing basis in 2025. Thanks to these regular updates to the lists of recommendations, it makes a valuable contribution to sustainable development. In addition, Oekotopten.lu provides information on local authorities offering grants for the purchase of energy-efficient household appliances and electric bikes.

The website, which was revamped in 2024 and optimised for use on smartphones, continued to be maintained and its content updated on an ongoing basis in 2025. Thanks to these regular updates to the recommendation lists, Oekotopten.lu makes a significant contribution to responsible consumption and facilitates environmentally friendly purchasing decisions in everyday life.

GREAT INTEREST IN RENOVATION DURING ENERGY WEEKS

This year's Energy Weeks, organised by the Oekozenner Pafendall and the Mouvement Ecologique, took place under the motto '**Preserving buildings rather than demolishing them – a call for our built future**'.

The opening event was an online conference entitled "*Against Disposable Architecture*", during which architect and building historian Vittorio Magnago Lampugnani highlighted the social, ecological and urban planning consequences of demolition and demonstrated what a culture of sustainable building might look like.

Five tours of residential buildings were then organised, during which exemplary renovation and regeneration projects were presented. These projects demonstrated how existing buildings can be repurposed in a resource-efficient manner and modernised to improve their energy efficiency, whilst remaining a defining feature of their neighbourhood.

Experts and members of the public took the opportunity to exchange practical solutions and learn about the fundamental principles to be considered during repurposing and renovation to ensure they are as climate- and environmentally-friendly as possible.

The Energy Weeks thus sent a clear signal against throwaway architecture and highlighted the importance of the existing building stock in achieving climate targets.



“NO ADVERTISING, PLEASE” - THE ISSUE REMAINS RELEVANT

For over 35 years, Mouvement Écologique has been campaigning against unwanted advertising in letterboxes with its **“No advertising, please”** initiative. The distinctive yellow sticker, featuring an elephant, has played a significant role in the paper savings achieved during this period.

With the new Waste Act of January 2024, the distribution of ‘junk mail’ in letterboxes has been reorganised: adverts may only be distributed in letterboxes explicitly marked with the corresponding sticker. Advertising is prohibited in all other letterboxes.

In practice, the implementation of the law initially led to a rather chaotic situation. From 2024 onwards, the Mouvement Écologique received numerous complaints from citizens and forwarded them, along with a list of demands, to the relevant ministry.



In 2025, the issue remained topical: citizens continued to report infringements. The feedback received helped to raise awareness among the authorities and improve the enforcement of legal provisions. In 2025, according to information from the Mouvement Écologique, the administration also took legal action against infringements of the law.

However, two key problems remain:

- the blurred distinction between advertising and ‘information’,
- as well as the increase in advertising supplements in daily newspapers.

Mouvement Écologique will continue to campaign for improvements to the legal framework and its implementation, and will seek to engage in dialogue with those responsible.

YOUR EXPERIENCE AND OPINION ARE ESSENTIAL!

Mouvement Écologique regularly draws on the knowledge, experience and commitment of its members and interested citizens. This is particularly true when it comes to documenting abuses, gathering suggestions for improvement or receiving concrete feedback on legislative changes.

Feedback from members forms an important basis for many of our positions and actions, and helps to ground Mouvement Écologique’s work in the reality and needs of the population.

ON THE MOVE WITH ME - NATURE CONSERVATION IN PRACTICE

In 2025, the Mouvement Écologique also organised numerous events on nature and landscape conservation, partly in collaboration with the regional branches: Excursions, hikes and themed walks provided an opportunity to discover ecological connections in the field and learn about various projects – from the restoration of wetlands and watercourses to natural and cultural landscapes threatened by agriculture, urbanisation or infrastructure projects.





FIX IT! REPAIR. REUSE. USE - REPAIR INSTEAD OF THROWING AWAY

The **'fixit! Repair. Borrow. Use.'** campaign, supported by Mouvement Écologique and its partner Oekozerter Pafendall with the backing of the Ministry of the Environment, continued in 2025.

Through practical advice and information materials, the campaign encourages repair, reuse and sharing, thereby promoting a community-based economy. The aim is to conserve resources, challenge consumption patterns and highlight alternative economic models.

THE OEKOSOPH: GOODBYE TO LOU – A NEW START FOR ELISABETH AND THE GRÉGORY

In 2025, the Oekosoph remained an important meeting place, combining enjoyment with sustainability. Until the end of October, it continued to be run by Lou Steichen, who left her mark on the Oekosoph through her cooking and personal style for many years. With her departure into a well-deserved retirement, an era has come to an end. The Mouvement Ecologique sincerely thanks her for her long-standing commitment and for the special, friendly atmosphere she created.

In 2025, the search for new managers began, and it was a success!

In November, the Oekosoph premises were refurbished and the technical equipment modernised in preparation for the reopening. From 6 January 2026, Elisabete and Grégory will take over and continue the concept in this familiar and warm atmosphere: the focus will remain on organic dishes, preferably sourced locally, with a strong emphasis on vegetarian and vegan cuisine.

The new feature is that there will once again be a set menu (rather than mainly a buffet), and that the Oekosoph will be open more regularly, for both lunch and dinner. The Oekosoph thus remains a place where culinary pleasure, sustainability and conviviality come together – now with a new team building on the successful work of recent years.

